

# Permit, oh permit my soul to rebel

A relaxed performance by circus company Side-Show

Sunday, July 21: 15:00 & 20:00

Monday, July 22: 11:00 & 14:30

**De Expeditie**



# Where does the performance take place?

## **ADDRESS:**

De Expeditie, Loods  
Dok-Noord 4F, 9000 Gent

## **PARKING:**

Paid parking is available in the Dok-Noord underground car park. Cheaper parking is available in Koopvaardijlaan, from there you can walk across the pedestrian bridge to Dok-Noord.

## **PUBLIC TRANSPORT:**

Stop Gent Tolpoort (bus).

## **BY BICYCLE:**

Bike brackets have been installed at the entrance.

## **ACCESSIBILITY OF THE BUILDING:**

De Expeditie is accessible for people in a wheelchair.

## **ADDITIONAL QUESTIONS OR LATECOMERS:**

Feel free to contact Miramiro.

[Miramiro@miramiro.be](mailto:Miramiro@miramiro.be)

+32 09 324 36 63

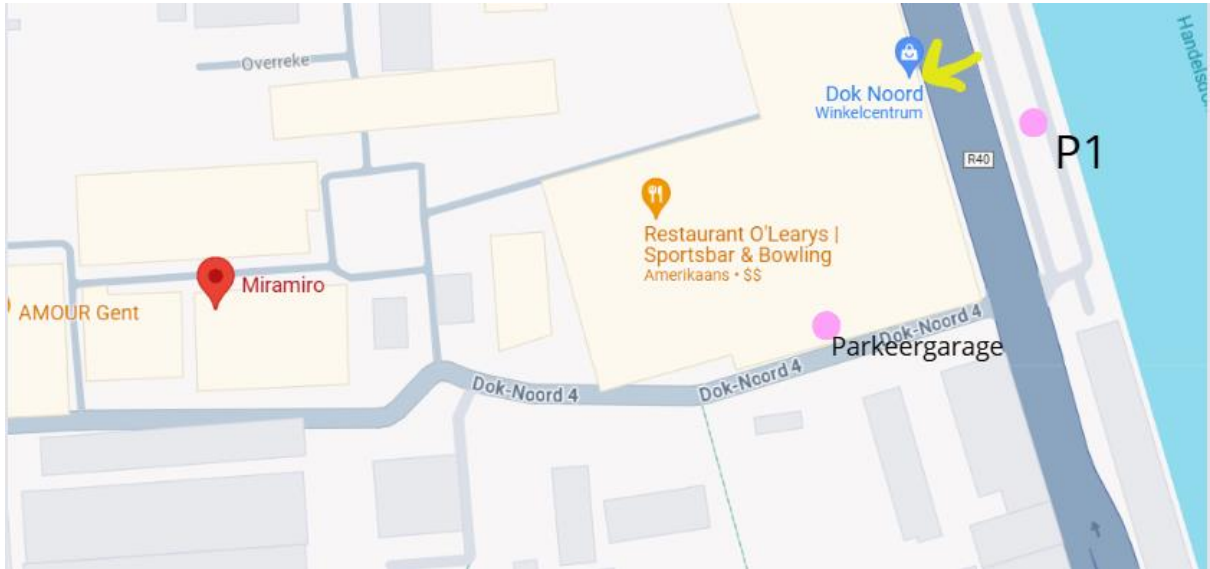
## **FOLLOW THE ARROWS:**

From the entrance to the Dok Noord business park, you will find arrows showing you the way to the show. They look as followed:





The entrance to the Dok Noord site. ATTENTION: The passage is for pedestrians and cyclists only. Parking is possible along the main road opposite this entrance or paid parking in the underground car park (see image below)





Turn left past the  
Directiewoning.



Entrance De Expeditie

Entrance hall



Entrance Loods

# What to expect?

## **BEFOREHAND:**

The doors of the venue will open 15 minutes before the show starts.

So if you feel like it, you can come earlier and get familiar with the space.

You can, for instance, soak up the atmosphere, look around or ask the artists and staff what's on.

Together with them, you choose a place that feels right for you. There are chairs available or cushions to sit or lie on the floor, should you find this comfortable.

## **THE VENUE:**

The performance space is demarcated by a circle of white, transparent curtains. You can join us inside, but you can also watch from outside.

You can also move between the two spaces.

There are lots of cushions on the floor.

The doors will not close and there will be plenty of light in the room.

You are free to come and go as you please.

There are toilets nearby.

Everything is wheelchair accessible.

## **THE PERFORMANCE:**

The performance lasts about 55 minutes. There is little text.

The spoken text is subtitled in French and Dutch.

However, it is not very important to understand exactly what is being said.

There are no strobes or flashing lights. There is also no smoke used.

There is soft music at the beginning and at the end of the performance.

There are no moments of complete darkness.

At the end of the performance, a small confetti cannon is used. This produces a bang, but we will let everyone know in good time when this moment takes place.

# Who will you get to know?

## ACROBATS:



Camille



Phillippe



Elsa



Majo



Gianna

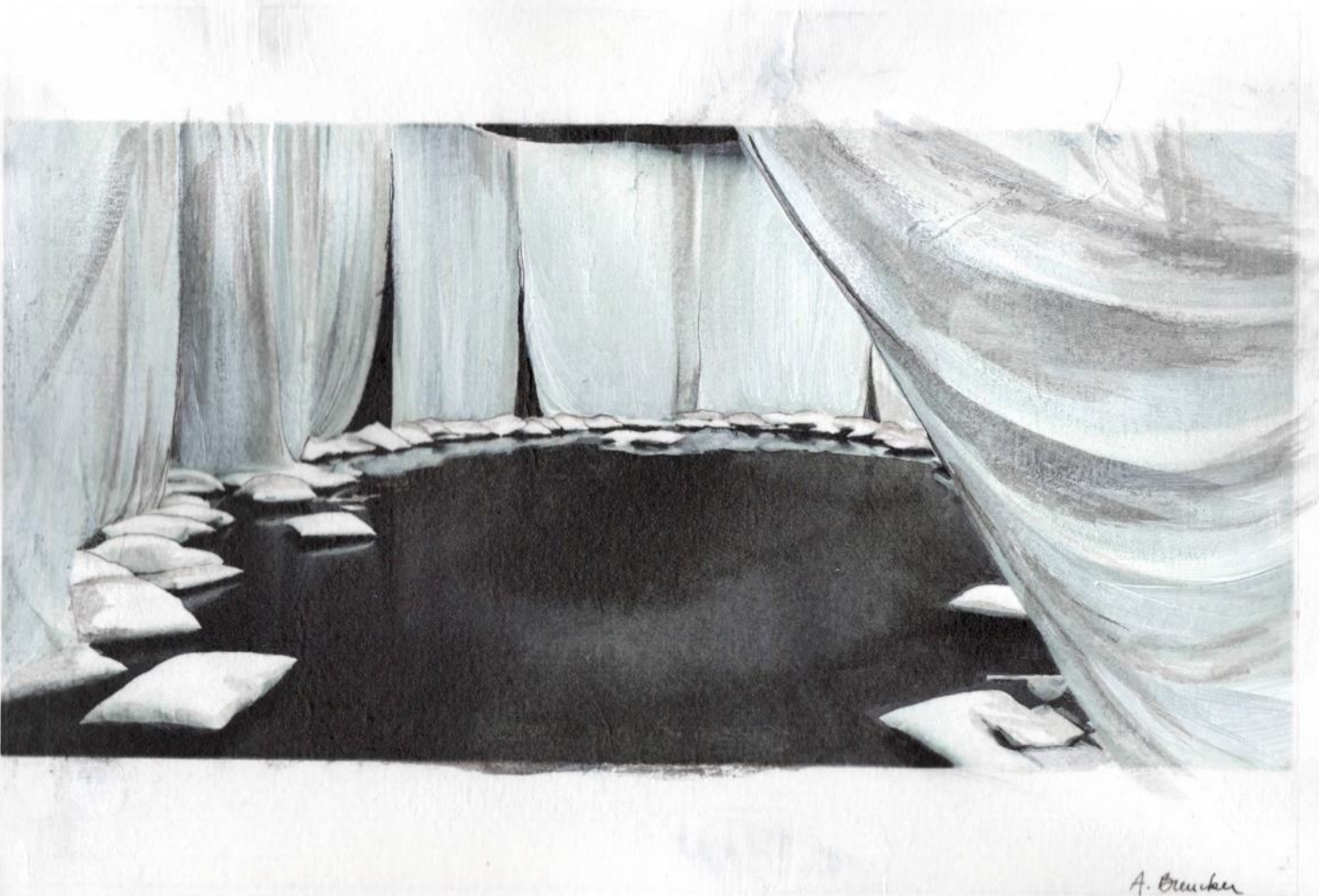
## SIDE-SHOW EMPLOYEES:



All Side-Show staff wear a white T-shirt. This makes it easy to recognise them. Their name is on the front and you can ask them all your questions.



# What happens during the performance?



## 1. Welcome and taking a seat

You enter the space and, together with one of the acrobats, choose a seat that feels right for you. Both chairs and cushions are available. There is also plenty of room for wheelchairs. And if you want, you can also watch the show from behind the white canvases. In the centre of the room, you can see a large pile of white cushions. From the roof, white confetti rains down.



## 2. Cushions collectif

The performance begins with a choreography in which the six acrobats clear the stage. At the end of this scene, the acrobats introduce themselves one by one. They change from a white to a black costume.



### 3. Salto

An acrobat stands up and explains how the acrobatic figure 'somersault' works. He/she then performs the somersault.



### 4. Rhythmic walk

Then another acrobat stands up and starts walking. While doing so, he/she is supported by the audience in the room who indicates the rhythm.



### 5. Handstand

For four and a half minutes, there is a choreography of handstands.



## 6. The magician

The magician does a trick that may or may not end well.



## 7. Exhausted acrobats

All acrobats adopt various poses of bodybuilders. However, they soon get very tired of the strength they need to do so.



### 8. The stunt girl

Eén van de acrobaten draagt een kostuum waardoor ze veel scheetjes moet laten. Ze doet enkele acrobatische figuren die geluid maken.



## 9. The panthers

The acrobats pretend to be panthers. One of them is the tamer and makes the other acrobats perform tricks.



## 10. Disappearing and changing

This is a scene with one acrobat. He/she disappears under a large costume and changes into different guises.



## 11. Strong woman

This is a short scene in which one of the acrobats pulls the swing from behind the canvas up to the stage.



## 12. Slow swing

Two acrobats perform an act to music on a big swing.





### **13. Final**

One of the acrobats announces the finale. A big storm of confetti is unleashed with the cushions. A confetti cannon is fired after an acrobat gives the signal for this. When the last confetti hits the ground, the performance is over. Now the audience can applaud.

# What is possible and allowed during the performance?

During the performance, you may leave the room at any time and return whenever you wish.

You may move around the room.

You can also talk to the people you came with.

If you feel you want to react to what is happening, you can do so in a way that suits you.

You can always address anyone from Kriekelaar or Side-Show if you have certain questions or needs.

You may touch the cushions.

You can and may do whatever you need to feel good.



Drawings: Aline Breucker



#### **ABOUT SIDE-SHOW:**

Side-Show is the versatile circus company of Aline Breucker and Quintijn Ketels. Their artistic language is characterised by a unique combination of circus and visual art. Since 2009, the company has alternated large-venue performances with small-scale productions, in-situ performances and interdisciplinary research projects with international vision. By emphasising collectivity, caring and knowledge sharing, Side-show assumes an important role in the growing circus landscape in Flanders and Brussels.

**Side-Show**  
ALINE BREUCKER & QUINTIJN KETELS

[www.side-show.be](http://www.side-show.be)

 **Vlaanderen**  
verbeelding werkt